

ENGLISH TRAINING FOR MISSION



reach the unreached.

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TRAINING UNIT 24 (1H 02.39 MINUTES)

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1. *Discipleship training lesson: inner discipleship*
- What is discipleship?
- Inner discipleship
- The 16 discipleship training lessons
- How does a discipleship training meeting look like practically?
- How are new believers discipled?
- 1) Lack of basic experience about who Jesus is and what his grace means
- 2) Lack of basic experience about who God the Father is
- 3) Lack of basic experience, who the Holy Spirit is what his fellowship is
- ➔ *Part II: Application*
- ➔ *Part III: Outreach*



Training Unit 24

1. Discipleship training lesson: inner discipleship

The grace of the Lord Jesus Christ, the love of the Father and the fellowship with the Holy Spirit

Summary of the main points about discipleship:

After his death and resurrection, Jesus passed on his last will, his legacy, to his disciples.

Discipleship commandment:

Matthew 28:18-20:

Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. Therefore, go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely, I am with you always, to the very end of the age."

The most important commandment in the Old Testament is the double commandment to love.

And you shall love the LORD, your God, with all your heart, with all your soul and with all your strength (Deuteronomy 6:5). This is the highest and first commandment. The other is equal to it: You shall love your neighbor as yourself (Leviticus 19:18).

The greatest New Testament commandment is the discipleship commandment. With discipleship it is the same as with all other commandments of sending. **Jesus is the example.** We follow the discipleship model of Jesus.

Make disciples of all peoples or all ethnic groups:

The model of Jesus, how he trained disciples:

1. **Principle:** The disciples of Jesus were an answer to prayer: He **prayed intensely** for a whole night before he began calling the 12 men into discipleship.
Pray intensely and then call disciples
2. **Principle:** Jesus **called** the 12 disciples, **formed a community** with them and **shared his life with them**: Life in community was the natural setting for discipleship. Community and discipleship meant **the same thing** for Jesus.
Jesus did not differentiate between discipleship and sharing lives / living in community.
3. **Principle:** Jesus called the 12 disciples and **released them for the sake of discipleship**.
Jesus called them to himself so that they could really focus on becoming disciples after his heart.
4. **Principle:** The **training community** with the disciples was his spiritual family, his spiritual home, his "faith community", **his church**.
→ **For Jesus, the community of disciples was also his spiritual family or his church.**
5. **Principle:** Jesus only had **three years**. He **needed these three years** to properly disciple 12 men. However, after about **one year** he SENT them out alone so that they could gain sending experience of their own.
→ **Jesus needed three years to thoroughly disciple the 12.**
6. **Principle:** He trained three to 12 people and thereby started a **movement**. He trained a **FEW** (12 men) so as to reach **MANY** (all peoples).
→ **Jesus started a movement through the 12 disciples**

7. **Principle:** Jesus gave commandments
The discipleship of Jesus is an OBEDIENCE-ORIENTED discipleship.
8. **Principle:** Discipleship pattern: Jesus trained in theory (teaching) AND practice (field training).
 Jesus teaches
 Jesus **DEMONSTRATES – MODELS – PRACTICES** and his disciples watch him
 The disciples imitate it and Jesus watches/coaches
 Jesus sends the disciples out to do the same thing with others
 a. → **Jesus trained in theory (teachings) and practice (demonstrating)**
9. **Principle:** Train in a **group** (12 people) and **one-on-one** – both at home and outside.
 → **Jesus trained his disciples both one-on-one and in the group.**
10. **Principle:** At the end of the discipleship training Jesus sent them out to do the same: after the coming of the Holy Spirit on Pentecost, the disciples established communities of disciples (= churches).
 → **After 3 years Jesus sent out his disciples to do the same.**

What is discipleship?

Definition: Teaching them to obey everything I have commanded you.

Every baptized follower of Jesus should live discipleship and make disciples of others. Besides the double commandment to love, this is the most important commandment in the New Testament.

There are **684** commandments in the New Testament, **382** commandments of Jesus, **50** key commandments and **6 to 8** key commandments for discipleship. These 6 to 8 are a form of short discipleship that are internationally known.

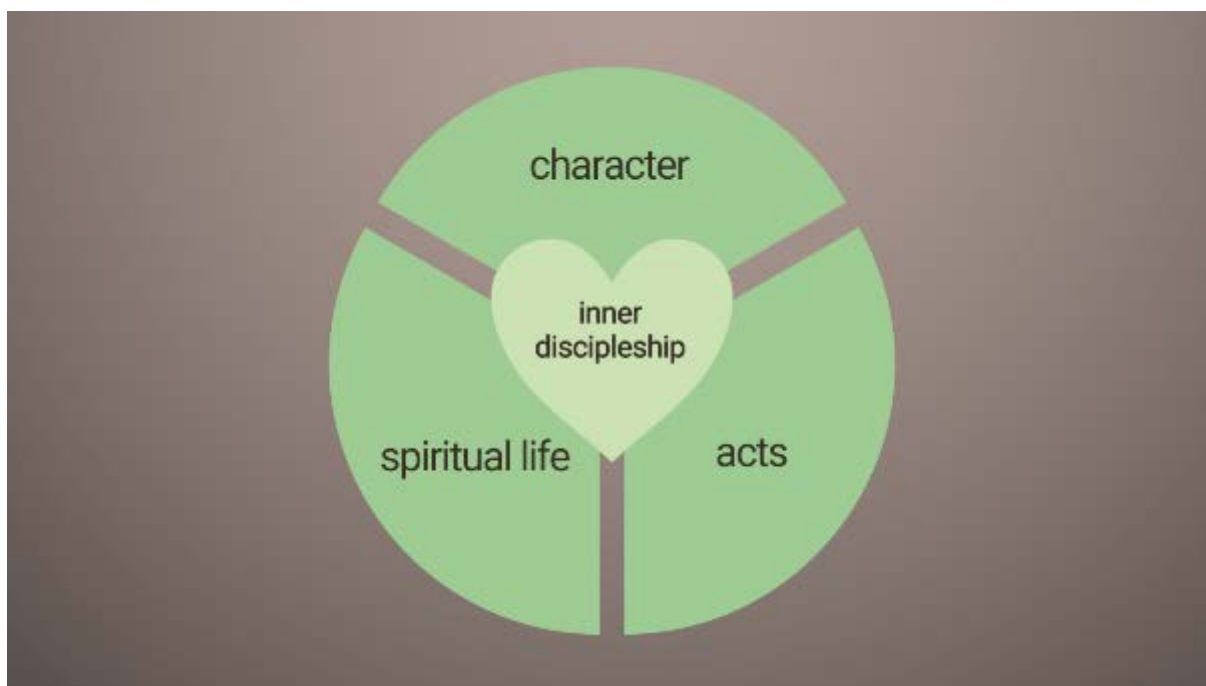
1. **Repent** and **believe!**
2. Be **baptized!**
3. Receive the **Holy Spirit!**
4. **Love** God, your neighbor and your enemies!
5. **The Lord's Supper**
6. **Prayer** and **the word of God**
7. As a steward give your time, treasures, talents, etc. generously
8. Go in teams of two and **make disciples** by giving your testimony, teaching God's word, discipling new believers and training leaders.

However, discipleship means more. It means to keep all commandments.

We in our ministry of sending are striving for a deep and solid discipleship that covers four areas in the life of a disciple.

The four discipleship areas of the BESENT training

Inner discipleship



In a first step we want to start with inner discipleship with new followers of Jesus. The issues of inner discipleship are the same as the areas that Paul mentions in 2 Corinthians 13,14:

2. Corinthians 13:14

May the grace of the Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with you all.

- 1.1. The grace of the Lord Jesus Christ
- 1.2. The love of the Father
- 1.3. The fellowship of the Holy Spirit

The first discipleship training lesson is special. It covers inner discipleship and the three topics, the grace of Jesus Christ, the love of the Father and the fellowship of the Holy Spirit. All three areas are central for a healthy, Biblical experience of God or relationship with God. These three topics are taught in the first discipleship training lesson. Thus there is 1 training lesson on inner discipleship and 3x5 topics on outer discipleship in the BEsent training, which makes a total of 16 discipleship training lessons.

The outer discipleship covers three main discipleship areas:

- 1. The spiritual life of a disciple
- 2. The deeds of a disciple
- 3. The character of a disciple

For the Basic discipleship (for the first 6-12 month) we take the inner discipleship topic and from each of the three areas (spiritual life, character and deeds of a disciple) 5 topics:

A) Inner discipleship 2 Corinthians 13:14

- 1. Grace of the Lord Jesus
 - a) Faith (the cost of following Jesus)
 - b) Repentance

- c) Water baptism
- d) Receiving the gift of the Holy Spirit
- 2. Love of the Father
- 3. Fellowship of the Holy Spirit

B) Spiritual life of a disciple

1. DBS

- 2 Timothy 3:16
- Luke 6:46-49

2. Personal prayers

- Matthew 6:5-13

- Asking Luke 18:1-8 / Matthew 7:7-8
- Thanksgiving Ephesians 5:20
- Intercession 1 Timothy 2:1
- Government 1 Timothy 2:2
- Praise-Worship Acts 2:47 P
- Psalms Acts 16:22-34 / Matthew 4:10
- Speaking in tongues 1 Corinthians 14:1-18
- Praying and fasting Mark 2:20

3. Assurance of salvation

- 1 John 5:13
- 1 John 3:13
- Romans 8:16
- Job 19:25

4. A) Living by faith

- Hebrews 11:1+6
- Romans 14:23
- Mark 9:23
- Galatians 2:20

4. B) Be filled with the Holy Spirit

- > Ephesians 5:18-19
- > John 7:37-39
- > Acts 4:29-31
- > Acts 13:50-52

5. Living in fellowship

-> Acts 2:42-47

C) Character areas of a disciple

1. Forgiveness

-> Matthew 18:21- 35 / Matthew 6:14-15

2. Overcome the devil

-> Matthew 4:1-11

3. Loving God and your neighbor

-> Matthew 22:37-39

4. Transformational Ministry

-> Ephesians 4:17-32

5. Serving heart

-> Matthew 20:25-28

D) Deeds of a disciple

1. Giving testimony

-> Matthew 10:32-33

-> 1 John 1:1-3

-> Acts 1:4+8

-> Acts 26:1-29

2. Going and preaching

-> Luke 10:1-4

-> Matthew 10:7

-> Luke 9:2

-> Mark 16:15-20

-> Luke 24:47

-> 2 Timothy 4:1-5

We preach the 12 Steps from Creation to salvation

1. The most high God

1 Chronicles 16:25-28

2. Creation

Genesis 1:1 and 1:26-27

3. God and man together

Genesis. 2:16-17

4. Sin and separation

Genesis 3:1-8 and Isajah 59:2

5. 10 commandments

Exodus 20:1-17

6. The sacrifices

Hebrew 9:22

7. God sent Jesus

John 3:16

8. Jesus is the son of God

Acts 10:36-38

- 9. Jesus THE sacrifice
- 10. Resurrection
- 11. Jesus sent the Holy Spirit
- 12. What is Conversion

John 1:29 and Acts 2:22-23
 Luke 24:46-47
 John 16:7-9
 Acts 16:31 and Acts 2:38

3. Ministry of the Holy Spirit

a) Heal the sick

- > Matthew 10:8
- > Luke 9:1-2
- > Mark 16:18

b) Cast out demons

- > Matthew 10:8
- > Luke 9:1
- > Mark 6:7

c) raise the dead

- > Matthew 10:8

d) Be led by the spirit

- > John 16:13

4. Giving and sharing

- > Luke 6:38
- > Luke 14:12-14
- > Acts 2:44-45
- > Acts 20:32-35

5. Making disciples

- > Matthew 28:18-20

The 16 discipleship training lessons

A. Inner discipleship

- 1.1 The grace of the Lord Jesus Christ
- 1.2 The love of the Father
- 1.3 The fellowship of the Holy Spirit

B. Spiritual life of a disciple

- 2. Discovery Bible Study

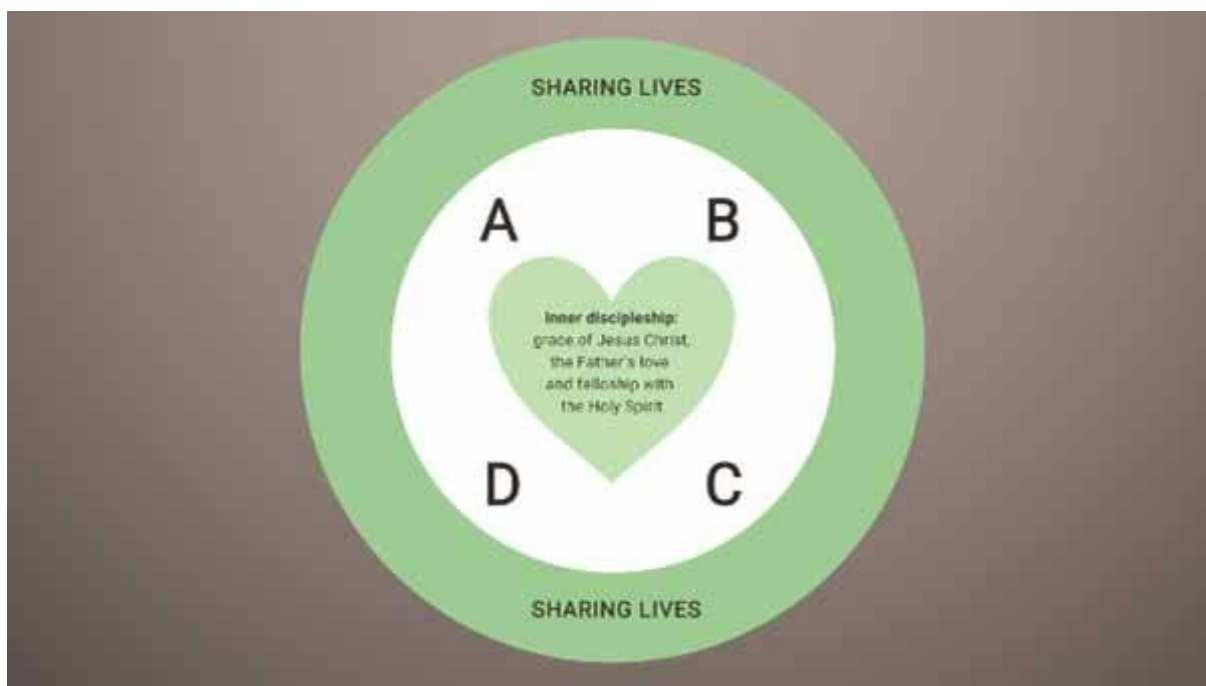
3. Personal prayers
4. Assurance of salvation
5. Being filled with the Holy Spirit
6. Church – community

C. Character of a disciple

9. Loving God and neighbors
10. Transformational ministry: get rid of – put on
11. Forgiveness
12. Serving – a serving heart
13. Living by faith

D) Deeds of a disciple

12. Giving testimony
13. Going and preaching
14. Ministry of the Holy Spirit
15. Giving and sharing
16. Making disciples



1. Area: discipleship happens in **one-on-one** times, in conversations and in prayer
2. Area: discipleship happens in community (koinonia), in a **group**
3. Area: discipleship happens **in the field** through demonstration and doing together
4. Area: discipleship happens in **everyday life**

How does a discipleship training meeting look like practically?

The discipleship scorecard to memorize

A) Personal care***Personal condition***

- How are you?
- What did you learn from God this week?
- How is your relationship with God?
- How does your prayer life look like?
- What are your needs?

Prayer***Giving an account of following Jesus and the fishing of men***

- How are you obeying the word of God?
- How did you put the last training unit into practice?
- What is God doing in your life?
- Have you been a witness for Jesus?
- With whom did you share what you learned?
- Do they believe? Do they train others?
- Is there something I can help you with?
- How many new groups were started?
- Retell the story of the last unit.

B) Teaching from the open Bible

- Topic
- Reading core texts twice
- Summarizing core texts with own words
- Finding the key elements & learning points in the texts
- Learning the memory verse by heart

**C) Doing and practicing
*In the training room***

- As disciple makers we tell of our own experiences

C) Doing and practicing***In the training room***

As disciple makers we tell of our own experiences

- As disciple makers we demonstrate things in role-play
- Divide the discipleship group into smaller groups of 2 or 3 persons and do role-play again
- Retelling the training/teaching
- Goal Setting: what they want to share with someone in the course of the next week...
- Encouraging to share the unit with their own spiritual family

Prayer

- For the needs of the people you want to share your testimony with or with whom you want to share the training unit
- Listening in prayer which goals to aim for until the next meeting
- Prayer for every trainee and commission

**D) Demonstrating, showing, experimenting, repeating, training
*In the field***

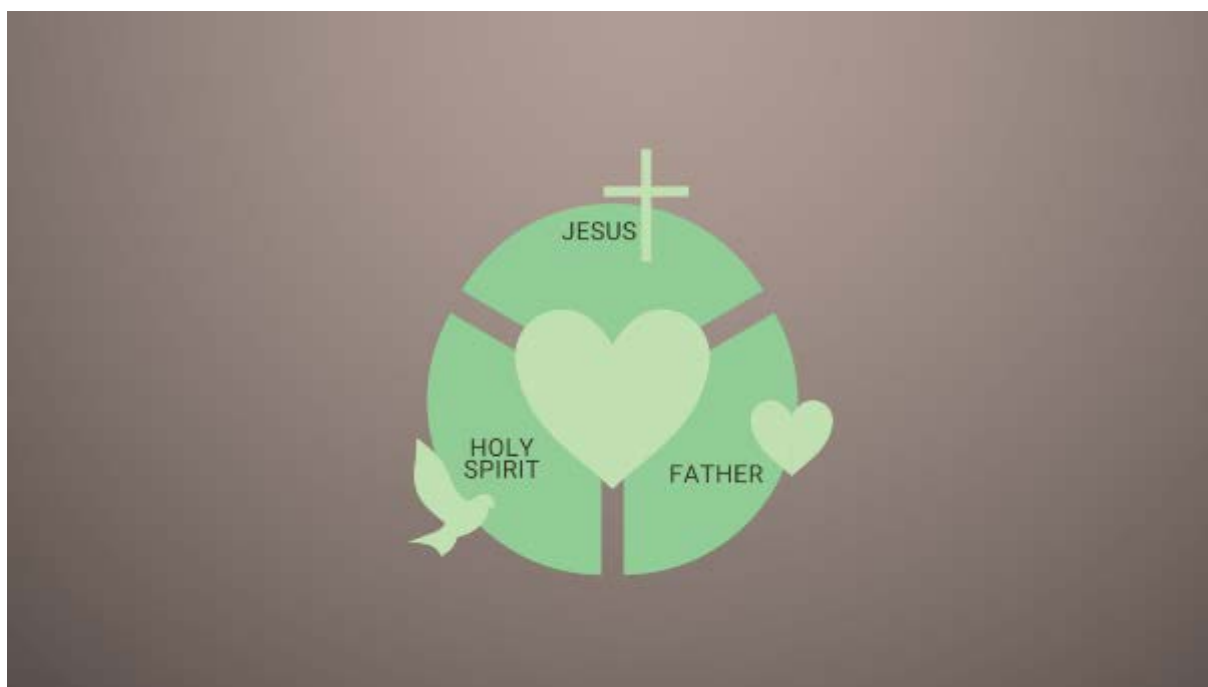
Teaching from the open Bible

- We go and demonstrate – the disciple comes along, watches and learns
- The disciples practice and we watch (and correct if necessary)
- The disciples demonstrate and their disciples watch...
- It may be that we need to demonstrate some things often (10, 20, 50 times). Read the core texts twice.
- Summarize the core texts with own words.
- Find the key elements in the texts
- Learn memory verse by heart

How are new believers discipled?

Inner discipleship is the most fundamental part of discipleship. Inner discipleship means that the disciple establishes a living relationship with the triune God. This includes knowing and experiencing the **grace of the Lord Jesus Christ**, the **love of the Father** and the **fellowship of the Holy Spirit** daily. It is not about head knowledge or the trinity doctrine. It is about the living out this relationship.

- If this foundation does not exist, all discipleship attempts will be fruitless.
- When we start to disciple a person, it is crucial to check whether the spiritual foundation is right.
- This means that we check whether a true conversion/rebirth has taken place.
- For this we use a triple check:



Does the person really personally:

- The grace of the Lord Jesus Christ?
- The love of God the Father?
- The fellowship of the Holy Spirit?

This foundation is the central requirement for really discipling a person. If this relational life exists minimally or not at all, then this person is spiritually sick or even dead. This daily, personal and living relationship, this inner knowing of the Father, Son and Holy Spirit, is the true spiritual and eternal life.

John 17:3

Now this is eternal life: that they know you, the only true God, and Jesus Christ, whom you have sent.

Grasping and experiencing the grace of the Lord Jesus Christ, the love of the Father and the living fellowship of the Holy Spirit are absolutely central. Without these heart values discipleship turns into mere demanding and dead legal works.

Hebrews 9:14

How much more, then, will the blood of Christ, who through the eternal Spirit offered himself unblemished to God, cleanse our consciences from acts that lead to death, so that we may serve the living God!

However, if a disciple really is connected with the Lord Jesus, the Heavenly Father and the Holy Spirit in a living relationship, then the important discipleship steps happen directly through the Holy Spirit.

1 John 2:27

As for you, the anointing you received from him remains in you, and you do not need anyone to teach you. But as his anointing teaches you about all things and as that anointing is real, not counterfeit—just as it has taught you, remain in him.

When a disciple is in the presence of the Lord and contemplates the nature, character and heart of God as revealed in the word of God, then something significant happens in his heart.

1 John 3:2

Dear friends, now we are children of God, and what we will be has not yet been made known. But we know that when Christ appears, we shall be like him, for we shall see him as he is.

Our disciples and us experience a transformation through the living activity of the Holy Spirit when we “look” at the gift of grace that Jesus is for us as we experience the love of the Father. Our hearts are captured by this gift and we can accept it.

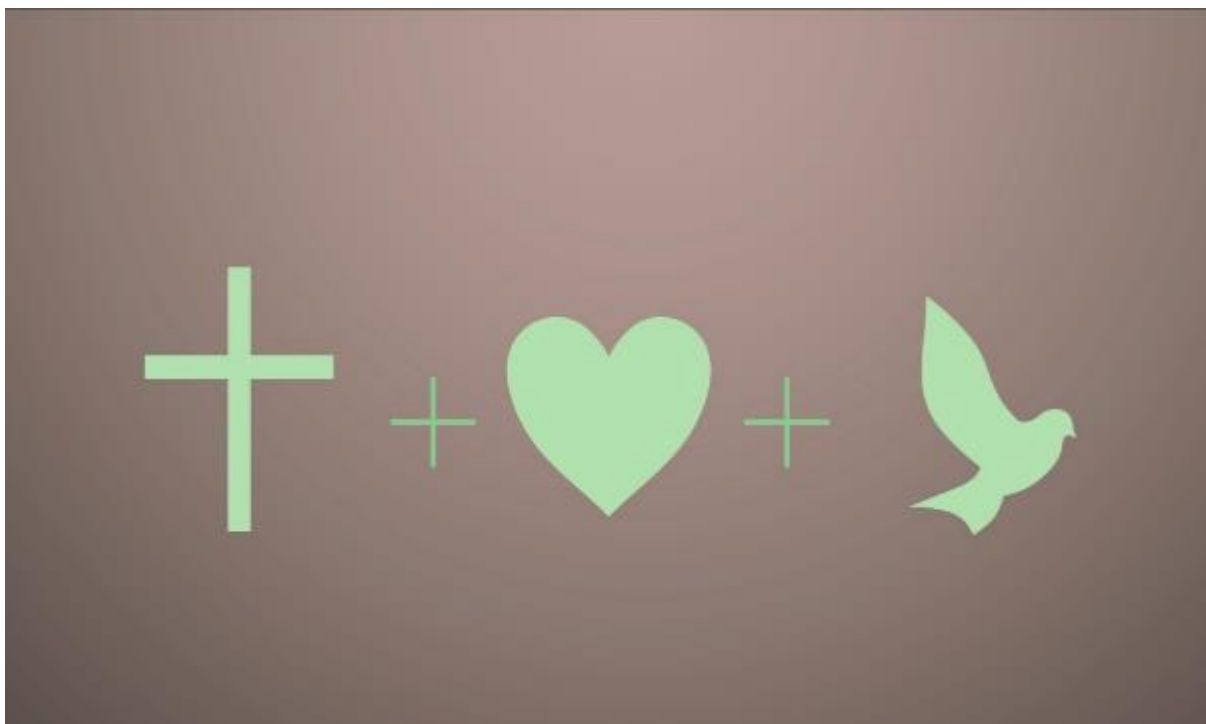


It is like unpacking three big gifts that we take and keep for ourselves. If the disciple lives in a living relationship with the Holy Spirit, then the Holy Spirit works strongly in his heart:

1 John 2:27

As for you, the anointing you received from him remains in you, and you do not need anyone to teach you. But as his anointing teaches you about all things and as that anointing is real, not counterfeit—just as it has taught you, remain in him.

Paul has the same wish for his “most difficult church” and it is God’s desire for every disciple of Jesus:



The grace of the Lord Jesus Christ, the love of God, the Father, and the fellowship of the Holy Spirit

1. Discipleship training lesson

For every discipleship training lesson we first need to clarify the following question: Does this lesson require a one-on-one discipleship or can this be done with the whole discipleship group together? Jesus disciplined twelve. We can disciple groups of three, five or seven people.

Answer: The first discipleship training lesson can be taught in a group!

This first discipleship part is about testing whether our disciples know, experience and live in the grace of the Lord Jesus Christ, the love of the Father and the fellowship of the Holy Spirit.

We want to find out, whether our disciples really have a real, living relationship with Jesus, our savior and Lord.

- and with the Heavenly Father, who has poured out God's love into our hearts (Romans 5:5) and continues to pour it out.
- and with the Holy Spirit, which whom we have been sealed and who is our spiritual life companion leading us into all truth.

How can we find this out? We do it like the Apostle Paul in Acts 19:1-7, when he met some disciples. **HE ASKED THEM!**

Acts 19:1-7

While Apollos was at Corinth, Paul took the road through the interior and arrived at Ephesus. There he found some disciples and asked them, "Did you receive the Holy Spirit when you believed?" They answered, "No, we have not even heard that there is a Holy Spirit." So Paul asked, "Then what baptism did you receive?" "John's baptism," they replied. Paul said, "John's baptism was a baptism of repentance. He told the people to believe in the one coming after him, that is, in Jesus." On hearing this, they were baptized in the name of the Lord Jesus.

When Paul placed his hands on them, the Holy Spirit came on them, and they spoke in tongues and prophesied. There were about twelve men in all.

Paul had to examine the foundation first when he met these men. They did believe in Jesus and as disciples of John, they certainly repented a lot already. However, they had not been baptized in the name of JESUS and did not know the fellowship of the Holy Spirit. Paul completed the conversions and led the twelve men into a real relationship with Jesus and his grace and also into the fellowship of the Holy Spirit.

Illustration 1:

First of all, no matter where in the world, we check-up with the trainees. We determine if their conversion was complete and if not, then complete what is necessary.

Illustration 2:

I once asked a woman during such a check-up how her relationship to Jesus was. Through her answer I realized that she did not know the grace of Jesus and I explained it to her. She then realized that she was not yet in a relationship with him and was able to experience it when we prayed for her.

Illustration 3:

It took 19 years in my life until I came into all three areas (grace of Jesus Christ, love of the Father, fellowship of the Holy Spirit). I did not have anyone who led me deeper into it.

1. **Forgiveness** of sins through Jesus
2. Then 8 years later a **deep revelation and experience of the grace** of Jesus Christ
3. Again 7 years later an absolute central experience of the **love of the Father**
4. And another 4 years later a real **breakthrough towards experiencing** the Holy Spirit

If your disciple has a deficit in these basic experiences, then you need to go through the Word and show:

- who Jesus is and what his grace means
- who God the Father is and what it means that his love is being poured out into our hearts
- who the Holy Spirit is and how to live in fellowship with the Holy Spirit.

1) Lack of basic experience about who Jesus is and what his grace means



If your disciple has not experienced Jesus and his grace, then you need to teach him once more the gospel of the Kingdom of God, like we learned in the training units Kingdom of God 8 to 11 and 13.

Training unit 8: the gospel of the Kingdom of God -> faith

Training unit 9: the way of salvation «from creation to salvation»

Training unit 10: Repentance – baptism: with water and with the Holy Spirit

Training unit 11: the call to repentance and into discipleship

Training unit 13: you will be my witnesses

Ephesians 2:8-9

For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—not by works, so that no one can boast.

2) Lack of basic experience about who God the Father is



If your disciple has not experienced the Father and his love, then you need to “show him the Father” in the Scripture.

1 John 4:8

Whoever does not love does not know God, because God is love.

Illustration Anwar:

A young Muslim man came to me and told me he wanted to grow spiritually. I began reading the Quran and then the New Testament with him. I noticed that he did not understand God as Father. Then I looked at Luke 15 with him, at how the Father deals with the two lost sons. Then we read Ezekiel 16, where God took in a lost girl and makes her a queen. After he saw these verses, he began to cry and was able to receive the love of the Father.

This is the difference between the true God, the Heavenly Father, and all other idols, the so-called gods, the nothings. Our Heavenly Father is love, **he does not only have love but he is love**. In all he does there is love.

- Out of love God gave us life
- Out of love God created the world and gave it to us
- Out of love our Heavenly Father created a plan for our salvation
- Out of love our Heavenly Father gave his Son to pay for our sins on the cross
- Out of love our Heavenly Father gave us forgiveness of sins and eternal life
- Out of love our Heavenly Father gave us **his Holy Spirit**
- Out of love our Heavenly Father gave us everything as an inheritance
- Out of love our Heavenly Father will give us **Jesus as bridegroom**
- Out of love our Heavenly Father will give us **a new earth**
- Out of love our Heavenly Father will live with us and **we will rule with him** and serve him for all eternity

Faith rises in our hearts through the proclamation of what the Heavenly Father did for us. The Holy Spirit fills the words of proclamation with his life and power. Words are only shells, but they are filled with Spirit and life. This living faith, this trusting in the loving and merciful promises of God, **grasps the great gift** of the love of the Heavenly Father and absorbs it into the heart and life.

Ephesians 3:17

so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love...

Further suitable texts for getting to know God as loving Father:

- Luke 15:11-32 The Father's heart and the two lost sons
- Ezekiel 16:1-18 The Father's heart and the lost daughter
- Psalm 103:1-22 The ultimate song about the mercies of God
- 2 Chronicles 33:1-16 Unlimited love and forgiveness for Manasseh

John 14:23

Jesus replied, "Anyone who loves me will obey my teaching. My Father will love them, and we will come to them and make our home with them."

We receive the Father with Jesus and the Holy Spirit into our hearts. They then live there.

God's grace and love are not only a gift. They become a joy, strength and an inner motor that move us to follow Jesus. Grace and love are active.

Titus 2:11-12

For the grace of God has appeared that offers salvation to all people. It teaches us to say "No" to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age.

1 Corinthians 15:10

But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them—yet not I, but the grace of God that was with me.

2 Corinthians 5:14-15

For Christ's love compels us, because we are convinced that one died for all, and therefore all died. And he died for all, that those who live should no longer live for themselves but for him who died for them and was raised again.

1 John 2:27

As for you, the anointing you received from him remains in you, and you do not need anyone to teach you. But as his anointing teaches you about all things and as that anointing is real, not counterfeit—just as it has taught you, remain in him.

3) Lack of basic experience, who the Holy Spirit is what his fellowship is

If a disciple is not familiar with the living fellowship with the Holy Spirit, then this needs to be made up for. (See training units 3 and 4 about the power of the Holy Spirit Part I and II). We can do this using Scripture:

Romans 8:11

And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies because of his Spirit who lives in you.

Out of love and grace, the Father, Christ and the Holy Spirit live in our hearts. The Holy Spirit in us is very alive. He refreshes and forms our whole spiritual life. What exactly does he do?

1. He pours the love of God into our hearts whereby we understand and experience God as loving Father.
2. He brings us the life of Jesus.
3. He brings us the power of Jesus.
4. He is our spiritual life companion and leads us on our spiritual and natural way.
5. He shows us and explains us things about God.
6. He works in us and through us in his power.
7. He is the crucial person and helps us in all areas of evangelism.

1 John 2:27

As for you, the anointing you received from him remains in you, and you do not need anyone to teach you. But as his anointing teaches you about all things and as that anointing is real, not counterfeit—just as it has taught you, remain in him.

The grace of our Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with US all! This experience is the fundamental requirement for all discipleship. We can't end this training unit until every disciple has experienced God, Jesus and the Holy Spirit. After that, we can start with outer discipleship.

Part II: Application

a) Someone from the group summarizes this teaching in his own words. If anything is missing, the others can add to the summary.

b) Group discussion – examine yourselves and ask each other if you

1) have experienced and are experiencing the grace of the Lord Jesus Christ

2) have experienced and are experiencing the love of the Father

3) regularly experience the fellowship of the Holy Spirit.

If there are deficits in the threefold experience of God then help each other to complete them as Paul did with the disciples of John in Ephesus.

c) Write down personal insights from the teaching

d) Tell the group who you have called into discipleship and who exactly you want to train.

e) Every group explains what they have learned and presents their goals of application (outreach).

Part III: Outreach

Regular prayer walks (4 to 6 hours/week), going, preaching (6 to 9 hours/week) and discipleship (3 to 4 hours/week). Practicing...

1. PRAYER: prayer walks with the team and a partner ☐
2. GO: to the unreached you have a heart for ☐
3. Look for persons of peace ☐
4. PREACH: the Gospel of the Kingdom of God ☐
5. EXPLAINING: the way of salvation ☐
6. Evangelistic Bible studies with interested persons ☐
7. Share your personal testimony with others ☐
8. Call to repentance and to follow Jesus ☐
9. FAITH, REPENTANCE, BAPTISM AND RECEIVING THE HOLY SPIRIT ☐

- 10. Pray for sick people during an outreach ☐
- 11. Raise a dead person if you are led so ☐
- 12. Seek to hear God's voice and the guidance of the Holy Spirit
→ Go on 1 to 2 treasure hunts ☐
- 13. Pray for the 200 million persecuted Christians in the world, pray for your
"persecutors" and bless those who are cursing you. ☐
- 14. Pray intensely that the Lord would show you which persons you can call into
discipleship. Naturally, it is best when you can disciple the same person of peace
you found and baptized (in water and in the Spirit). ☐
- 15. Call this person into discipleship NOW. ☐
- 16. Start working very practically on the inner discipleship with your disciples. ☐

BEsent is a training - without practice it is almost useless!