

# ENGLISH TRAINING FOR MISSION



**reach the unreached.**

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**TRAINING UNIT 36 (25.31 MINUTES)**


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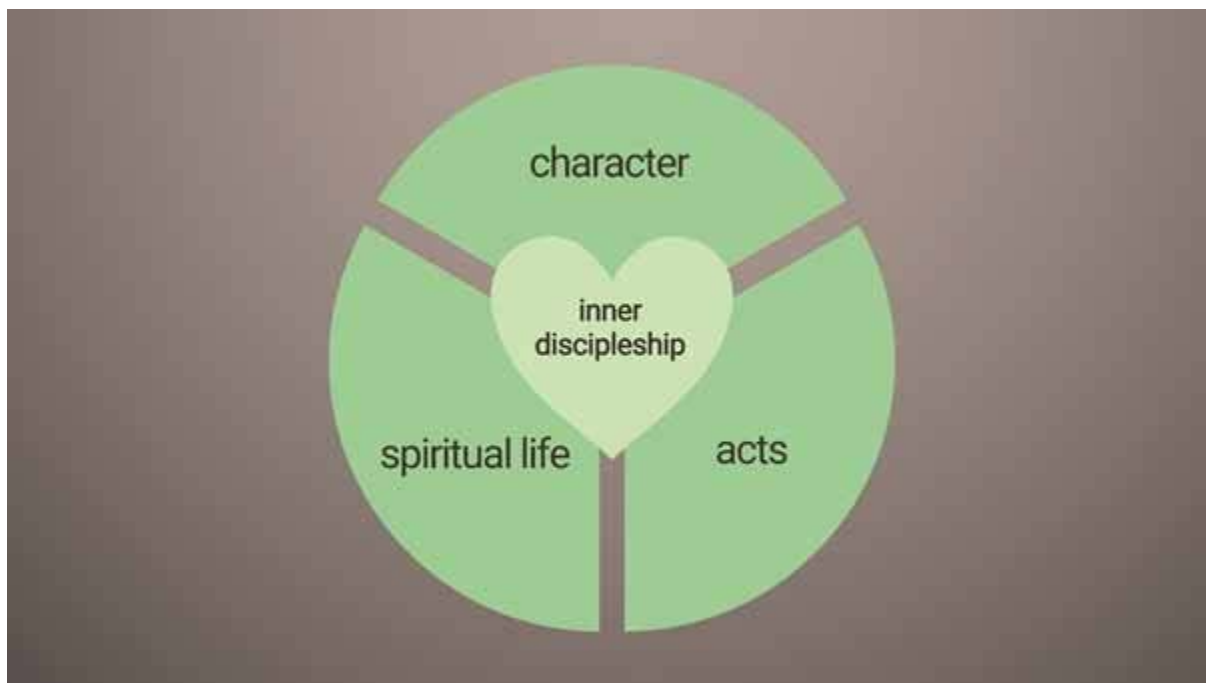
<i>13. Discipleship training lesson: character of a disciple.....</i>	
<i>B) Transformational ministry: cycle of renewal .....</i>	
Introductory thoughts on transformational ministry.....	
Introduction to the cycle of renewal or the transformational ministry .....	
Description of the old self.....	
Knowing Christ – yet a lot of the old self remains in us.....	
Taking off the old self and putting on the new self in 3 steps .....	
➔ <i>Part II: Application .....</i>	
➔ <i>Part III: Outreach .....</i>	

## Training Unit 36



### 13. Discipleship training lesson: character of a disciple

#### B) Transformational ministry: cycle of renewal



**For every discipleship training lesson, we first need to clarify the following question:** Does this lesson require a one-on-one discipleship or can this be done with the whole discipleship group together?

**Answer:** This 13<sup>th</sup> lesson deals with deep character deficits and patterns of sin. It is better to teach this lesson in a one-on-one setting. Now we go through this lesson according to the pattern of our discipleship scorecard.

**The first part of the discipleship training lesson is personal care according to the pattern of the discipleship scorecard**

- 1) Questions about personal condition
  - How are you?
  - What did you learn from God this week?
  - How is your relationship with God?
  - How does your prayer life look like?
  - What are your needs?
- 2) Praise and worship
- 3) Accountability questions on following Jesus and the fishing of men
  - How are you obeying the word of God?
  - How did you put the last training lesson(s) into practice?

- Do you know the **grace of the Lord Jesus Christ** and the **love of the Father** and the **fellowship of the Holy Spirit**?
  - Do you do a **Discovery Bible Study** and what has the Lord spoken to you through the Word?
  - How is your **prayer** life?
  - Do you have a joyful **assurance of faith** in your heart?
  - How do you experience being continually filled with the Holy Spirit?
  - Do you live in regular **community with other followers of Jesus**?
  - Are you a **witness** for Jesus?
  - Are you **preaching** the gospel of the Kingdom of God?
  - Are you practicing the ministry of the Holy Spirit?
  - Are you generously **giving and sharing** your time, treasures, talents, etc. as a steward?
  - Are you making **disciples of others**?
  - Are you obeying the great commandment to love?
- What is **God doing** in your life right now?
  - Are you a **witness for Jesus**?
  - With whom did you share **what you learned**?
  - Are **they training** others?
  - Is there something **I can help you with**?
  - How **many new groups** were started?
  - Retell the **contents of the last lesson**!

## 2<sup>nd</sup> part of the discipleship training lesson

### B) Training/teaching from the open Bible according to the following 4-steps-pattern:

1. Reading **core texts** twice
2. **Summarizing** core text(s) with own words
3. Finding the **key elements** in the texts
4. Learning **memory verse(s)** by heart

This is the basic pattern we want to follow:

### Introductory thoughts on transformational ministry

- Practical discipleship is about our disciples doing everything the Lord commanded.
- This part of discipleship is about transforming our character into the character of Christ.
- When dealing with bigger character deficits, it is often necessary to “take off” patterns of sin, flesh or ties before being able to “put on” Biblical character patterns.
- Smaller character transformations can take place in a group, since we sharpen and form each other in such a setting. However, patterns of sin, persistent fleshly behavior and ties often require a one-on-one discipleship.
- The Apostle Paul did it this way. He explicitly describes the one-on-one discipleship in 1. Thessalonians 2:11-12 and in Acts 20:31.

#### 1 Thessalonians 2:11-12

*For you know that we dealt with each of you as a father deals with his own children, encouraging, comforting and urging you to live lives worthy of God, who calls you into his kingdom and glory.*

**Acts 20:31**

*So be on your guard! Remember that for three years I never stopped warning each of you (one-on-one) night and day with tears.*

- We call this one-on-one part “transformational ministry”, “take off – put on” or “cycle of renewal”.

### Introduction to the cycle of renewal or the transformational ministry

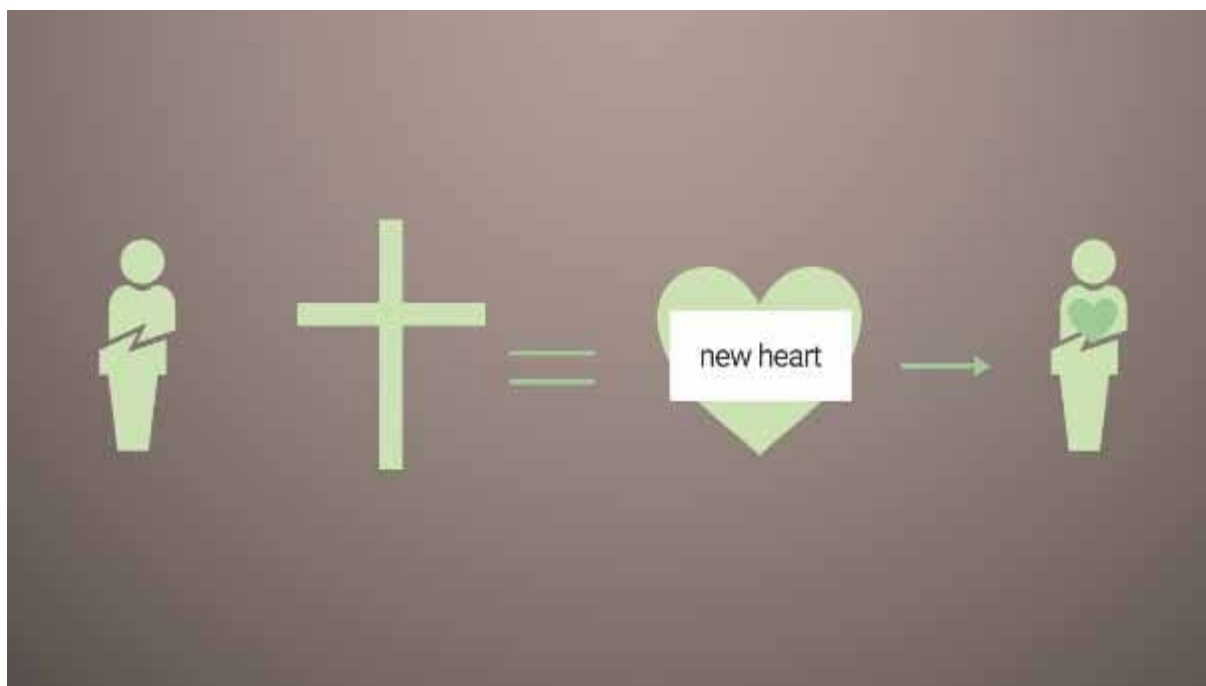
#### The day of conversion

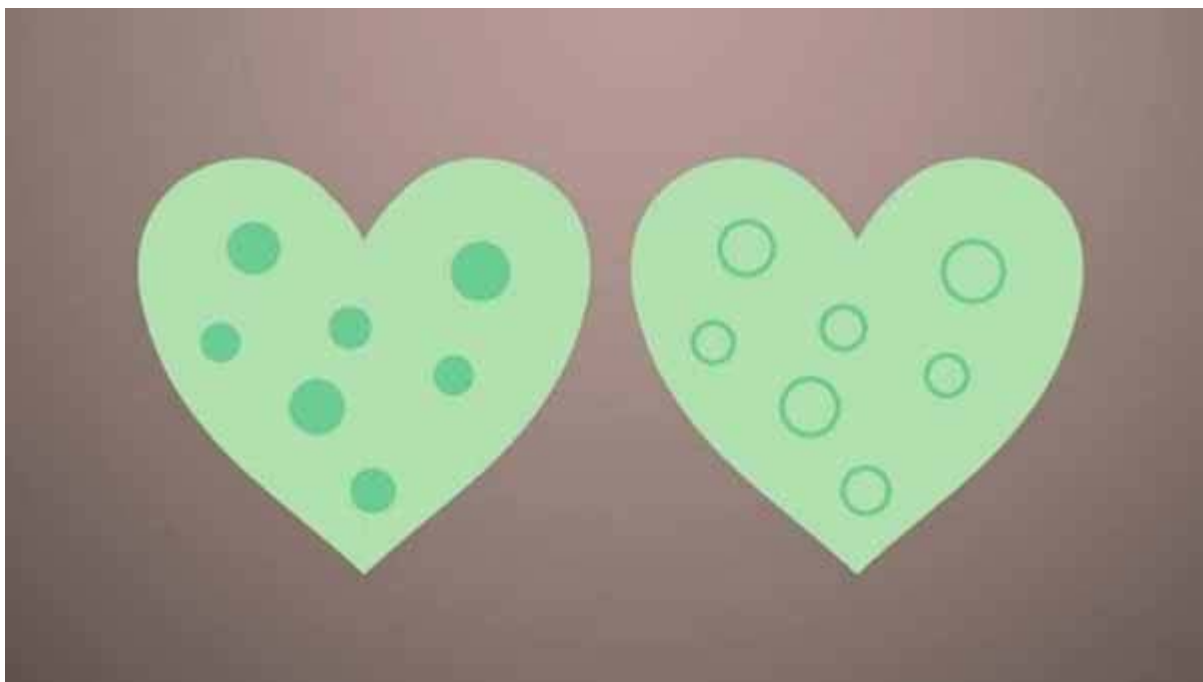
With our conversion we become a new creature. Something totally new begins and Christ comes into our lives.

#### **2 Corinthians 5:17**

*Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!*

- The Greek original text does not say that **everything** became new, but that **something new** began, and this is a new heart.



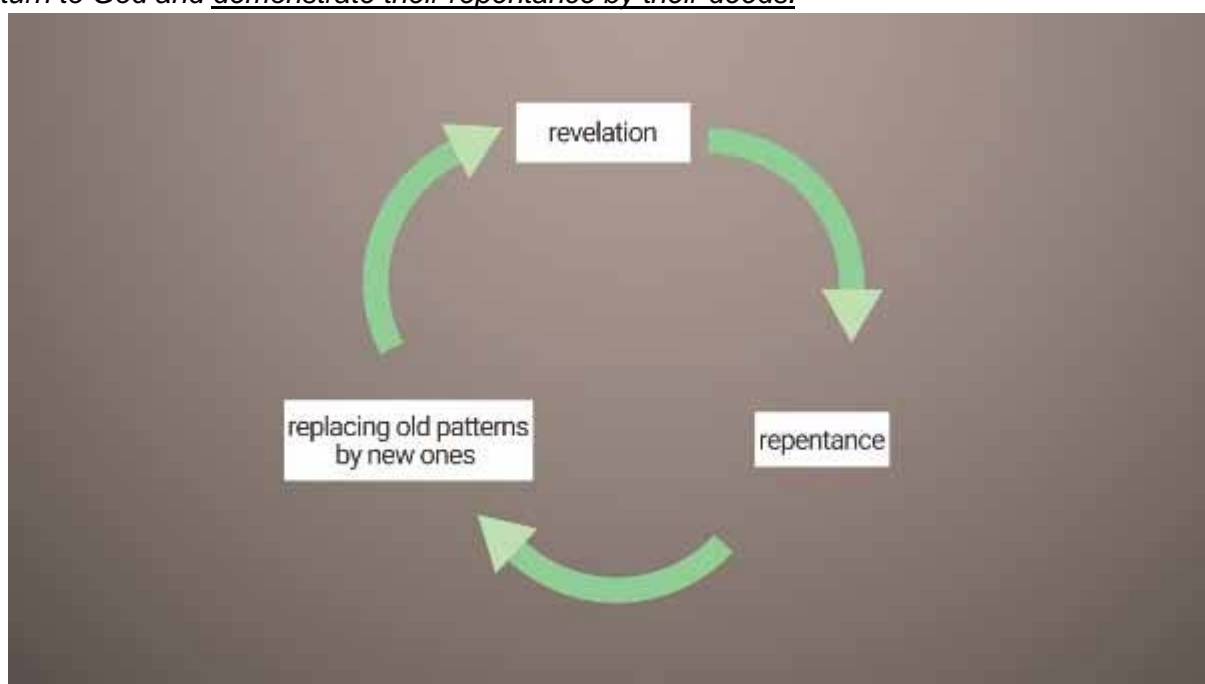


Although the heart was made new (all sins were forgiven), many old patterns of sin, of the flesh and ties still remain.

In order to take off these old patterns of sin, of the flesh and ties, and to put on new, Biblical character patterns, we need to guide our disciples through the cycle of renewal.

#### **Acts 26:16-20**

*'Now get up (Paul) and stand on your feet. I have appeared to you to appoint you as a servant and as a witness of what you have seen and will see of me. I will rescue you from your own people and from the Gentiles. I am sending you to them to open their eyes and turn them from darkness to light, and from the power of Satan to God, so that they may receive forgiveness of sins and a place among those who are sanctified by faith in me.'* "So then, King Agrippa, I was not disobedient to the vision from heaven. First to those in Damascus, then to those in Jerusalem and in all Judea, and then to the Gentiles, I preached that they should repent and turn to God and demonstrate their repentance by their deeds.

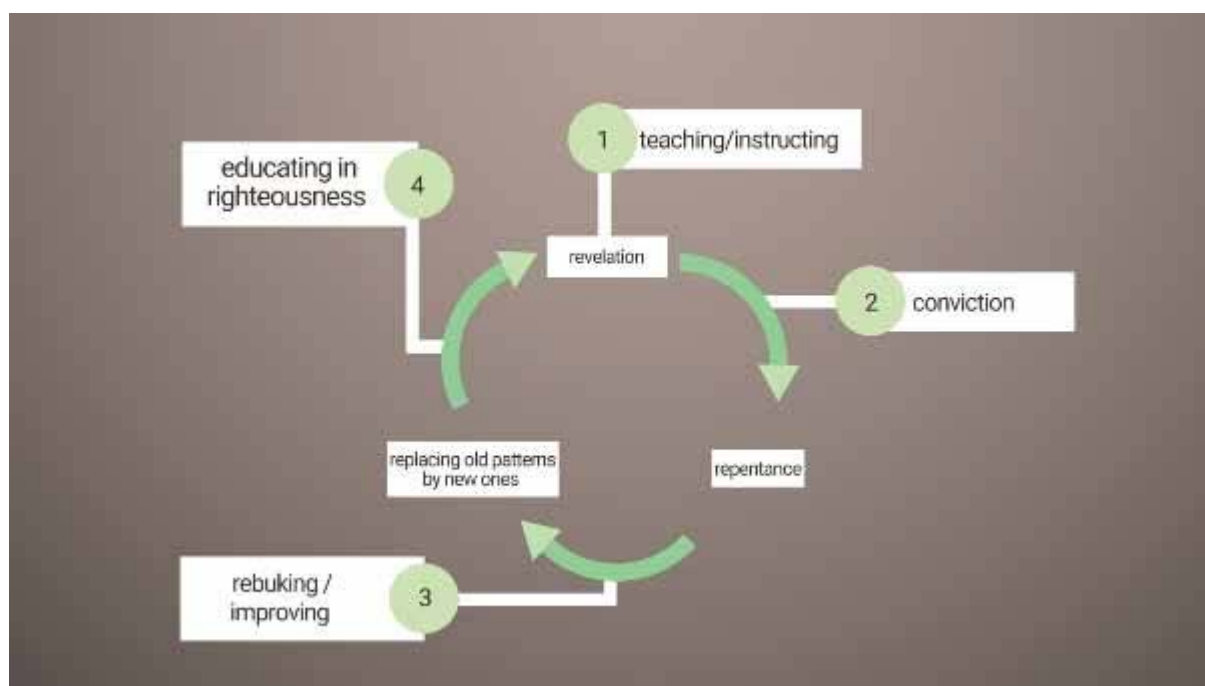


Here are the steps of the cycle of renewal:

## 2 Timothy 3:16-17

All Scripture is God-breathed and is useful:

1. for teaching → opening of eyes/revelation (the good we should do)
  2. for rebuking → repentance (the bad things we should stop doing)
  3. for correcting → improvement (what we should do better)
  4. and for training in righteousness → training (what we should keep working on)
- ... so that the servant of God may be thoroughly equipped for every good work.



### 1. Teaching

- The word of God together with the Spirit of God shows what Biblical and healthy conduct would look like and in which areas the disciples still have patterns of sin, flesh and ties.
- The wrong and the right behavior are explained.
- The disciple is either convicted by Scripture while studying it, or we as disciple makers show them these patterns in their lives using the Word.

### 2. Rebuke

- The Holy Spirit then rebukes us and gives us the strong conviction that it is necessary to repent. In repenting, we then put off these patterns of sin, flesh and ties.

### 3. Correction

- The Spirit of God now fills these areas and awakens a desire in us to live a righteous life that pleases God.

### 4. Training in righteousness

- The Holy Spirit now gives us the strength to train and live out the new character patterns that please God.

1. Reading **core texts** twice
2. **Summarizing** core text(s) with own words
3. Finding the **key elements** in the texts
4. Learning **memory verse(s)** by heart

Key text:

### **Ephesians 4:17-32**

*So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking. They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts. Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, and they are full of greed. That, however, is not the way of life you learned when you heard about Christ and were taught in him in accordance with the truth that is in Jesus. You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness. Therefore, each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body. "In your anger do not sin": Do not let the sun go down while you are still angry, and do not give the devil a foothold. Anyone who has been stealing must steal no longer, but must work, doing something useful with their own hands, that they may have something to share with those in need. Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.*

### **Description of the old self**

*So I tell you this, and insist on it in the Lord, that you must no longer live **as the Gentiles do (1)**, in the **futility of their thinking (2)**. They are **darkened in their understanding (3)** and **separated from the life of God (4)** because of the **ignorance that is in them (5)** due to the **hardening of their hearts (6)**. Having **lost all sensitivity (7)**, they have **given themselves over to sensuality (8)** so as to **indulge in every kind of impurity (9)**, and they are **full of greed (10)**.*

### **Knowing Christ – yet a lot of the old self remains in us**

That, however, is not the way of life you learned when you heard about Christ and were taught in him in accordance with the truth that is in Jesus.

### **Taking off the old self and putting on the new self in 3 steps**

#### **1. Step: Conviction and repentance – take off**

Verse 22: You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires.

#### **2. Step: Renewal of the mind**

Verse 23: ...to be made new in the attitude of your minds

#### **Romans 12:2**

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.



### 3. **Step: Practicing the new – put on**

Verse 24: ...and to put on the new self, created to be like God in true righteousness and holiness.

1. Reading **core texts** twice
2. **Summarizing** core text(s) with own words
3. Finding the **key elements** in the texts
4. Learning **memory verse(s)** by heart

Memory verse to learn by heart:

#### ***Ephesians 4:22-24***

*You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.*

### **3<sup>rd</sup> part of the discipleship training lesson**

#### **C) Implementation in the training room**

1. As **disciple makers** we **tell** about our experiences and **demonstrate** the things learned in a **role-play**.
2. Divide the **discipleship group** into smaller groups of 2 to 3 persons. **Every group** should do a role-play.
3. Retelling and repeating the teaching.
4. **Setting a goal**: what they want to share with someone in the coming week.
5. **Encouragement**, to share the lesson with one's own (spiritual) family.
6. **Prayer together with the disciples**: Praying for the needs of the people they want to share their testimony with.
7. Praying that friends of the disciples would be open for Jesus and make a decision for him.
8. **Praying together with the disciples**: for those they want to share the training lesson with.
9. **Prayerfully listen with your disciples**: **which goals** they want to reach until the next meeting.
10. **Praying together with the disciples**: for every trainee and for their ministry of sending

#### **So far, the basic pattern we want to follow:**

- In **this training lesson**, we as disciple makers want to tell from our own experience. We want to share, in all honesty, our experience with “put off – put on” in our spiritual lives. We tell them how it was in our lives and how it is today.
- We as disciple makers demonstrate the things learned in a role-play. We tell of a current situation, in which we are in the process of putting off an old pattern and putting on a new one.
- The disciples share in small groups and practice the cycle of renewal using a concrete example.

- Then someone from the group retells the teaching in his own words.
- Goal setting: what they want to share with someone during the week.
- Encouragement to share this lesson with one's own (spiritual) family.
- Prayer together with the disciples for those they want to share their testimony with.
- Prayerfully listen with your disciples what the goals of this lesson are for the coming days.
- Prayer for every trainee and for the sending.

#### 4<sup>th</sup> part of the discipleship training lesson

##### D) Implementation in the field

1. We go and **show/practice it** – the disciples watch and learn.
2. The **disciples practice** and we watch (and correct if necessary)
3. **The disciples demonstrate it** to their disciples who watch them...
4. It may be necessary to **demonstrate** some parts **several times (10, 20, 50 times)**.

Demonstrating, training, practicing and repeating the following:

- This 13<sup>th</sup> lesson is about the process of holiness. This is a lifelong spiritual process.
- Since holiness is so central, we want to check the aspect of holiness and the “put off – put on” at every meeting with a short question.
- In this way we show our disciples that we chase after holiness, without which no one will see the Lord, our whole lives.

#### **Hebrews 12:14**

*Make every effort to live in peace with everyone and to be holy; without holiness no one will see the Lord.*

## Part II: Application

- a) Someone from the group summarizes this teaching in his own words. If anything is missing, the others can add to the summary.

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b) Group discussion

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c) Write down personal insights from the teaching

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d) Share with the group who exactly you want to train in this lesson

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a) Every group explains what they have learned and presents their goals of application (outreach/group meeting).

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### Part III: Outreach

Regular prayer (4 to 6 hours/week), going and preaching (4 to 6 hours/week), discipleship (4 to 6 hours/week).

#### 1. PRAYER:

A) Prayer walk with a partner or the team ☐

B) From now on pray 1 hour for your disciples before every discipleship meeting ☐

2. GO: to the unreached you have a heart for ☐

3. Look for persons of peace ☐

4. PREACH: the gospel of the Kingdom of God ☐

5. EXPLAINING: the way of salvation ☐

6. Evangelistic Bible studies with interested people ☐

7. Share your personal testimony with five other people ☐

8. Call to repentance and to follow Jesus ☐

9. FAITH, REPENTANCE, BAPTISM AND RECEIVING THE HOLY SPIRIT ☐

10. Pray for sick people during an outreach ☐

11. Raise a dead person if you are led to do so ☐

12. Seek to hear God's voice and the guidance of the Holy Spirit ☐

13. Pray for the 200 million persecuted Christians in the world, pray for your "persecutors" and bless those who are cursing you. ☐

14. Continue to teach this 13th lesson to the discipleship group and coach them in it



**BEsent is a training - without practice it is almost useless!**