

ENGLISH TRAINING FOR MISSION



reach the unreached.

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TRAINING UNIT 28 (18.50 MINUTES)

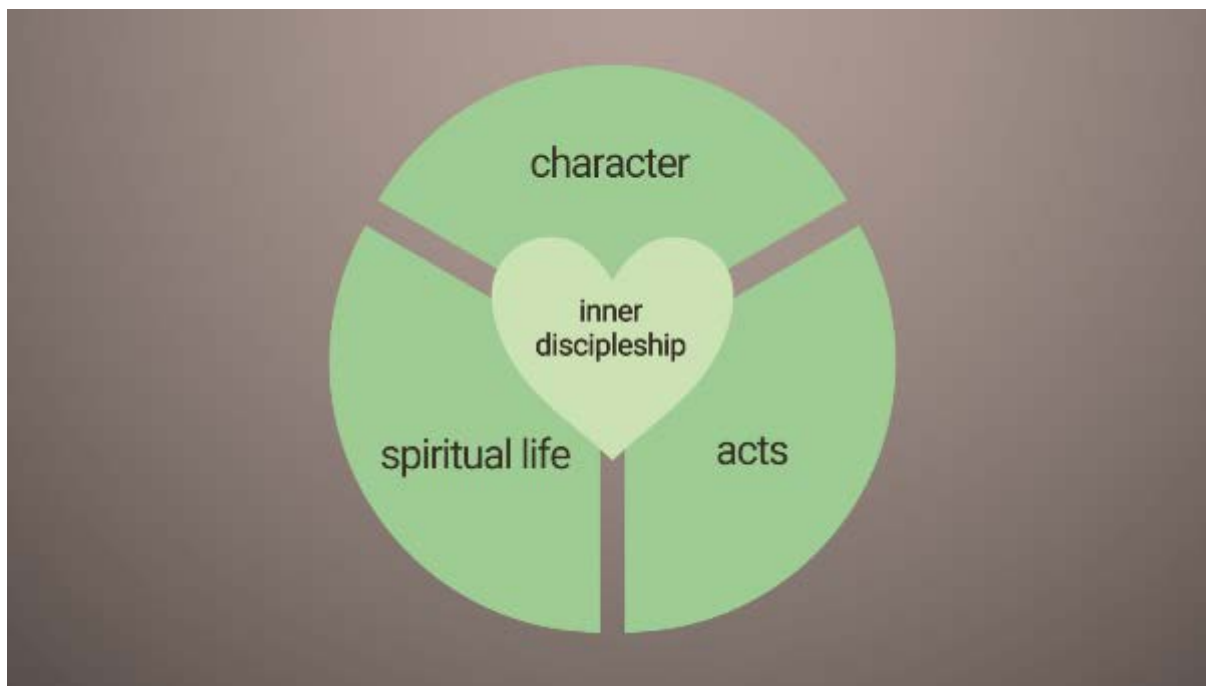
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5. Discipleship training lesson: personal spiritual life
- D) Be (continually) filled with the Holy Spirit!
- ➔ Part II: Application
- ➔ Part III: Outreach



Training Unit 28

5. Discipleship training lesson: personal spiritual life

D) Be (continually) filled with the Holy Spirit!



For every discipleship training lesson, we first need to clarify the following question: Does this lesson require a one-on-one discipleship or can this be done with the whole discipleship group together?

Answer: This fifth discipleship lesson can be taught in a group according to the pattern on our scorecard:

The first part of the discipleship training lesson is personal care according to the pattern of the discipleship scorecard

- 1) Questions about personal condition
 - How are you?
 - What did you learn from God this week?
 - How is your relationship with God?
 - How does your prayer life look like?
 - What are your needs?
 - 2) Praise and worship
 - 3) Accountability questions on following Jesus and the fishing of men
 - How are you obeying the word of God?
 - How did you put the last training lesson(s) into practice?
- Do you know the **grace of the Lord Jesus Christ** and the **love of the Father** and the **fellowship of the Holy Spirit**?

- Do you do a **Discovery Bible Study** and what has the Lord spoken to you through the word?
 - How is your **prayer** life?
 - Do you have a joyful **assurance of faith** in your heart?
- What is **God doing** in your life right now?
 - Are you a **witness for Jesus**?
 - With whom did you share **what you learned**?
 - Are **they training** others?
 - Is there something **I can help you with**?
 - How **many new groups** were started?
 - Retell the **contents of the last lesson**!

2nd part of the discipleship training lesson

B) Training/teaching from the open Bible according to the following 4-steps-pattern:

1. Reading **core texts** twice
2. **Summarizing** core text(s) with own words
3. Finding the **key elements** in the texts
4. Learning **memory verse(s)** by heart

This is the basic pattern we want to follow:

The Holy Spirit in us

With our conversion, we have received the gift of the Holy Spirit. The Holy Spirit now lives in us and we are even sealed with him. He will not go away again. No Question: we have received the all of the Holy Spirit.

Therefore, the question is no longer: do we have the Holy Spirit or not? The Question is: **has the Holy Spirit filled us completely?**

- Can he fill us?
- Can he work undividedly in us? Can he bring forth the fruit of the Holy Spirit in us?
- Can he work through us by the gifts?
- Can he work through us with his power?

The Holy Spirit can be quenched through our disobedience and our sins.

1 Thessalonians 5:19

Do not quench the Spirit.

Being filled anew with the Holy Spirit

We should not quench the Holy Spirit in our spiritual life. On the contrary, we should be filled by him again and again.

Ephesians 5:18-20

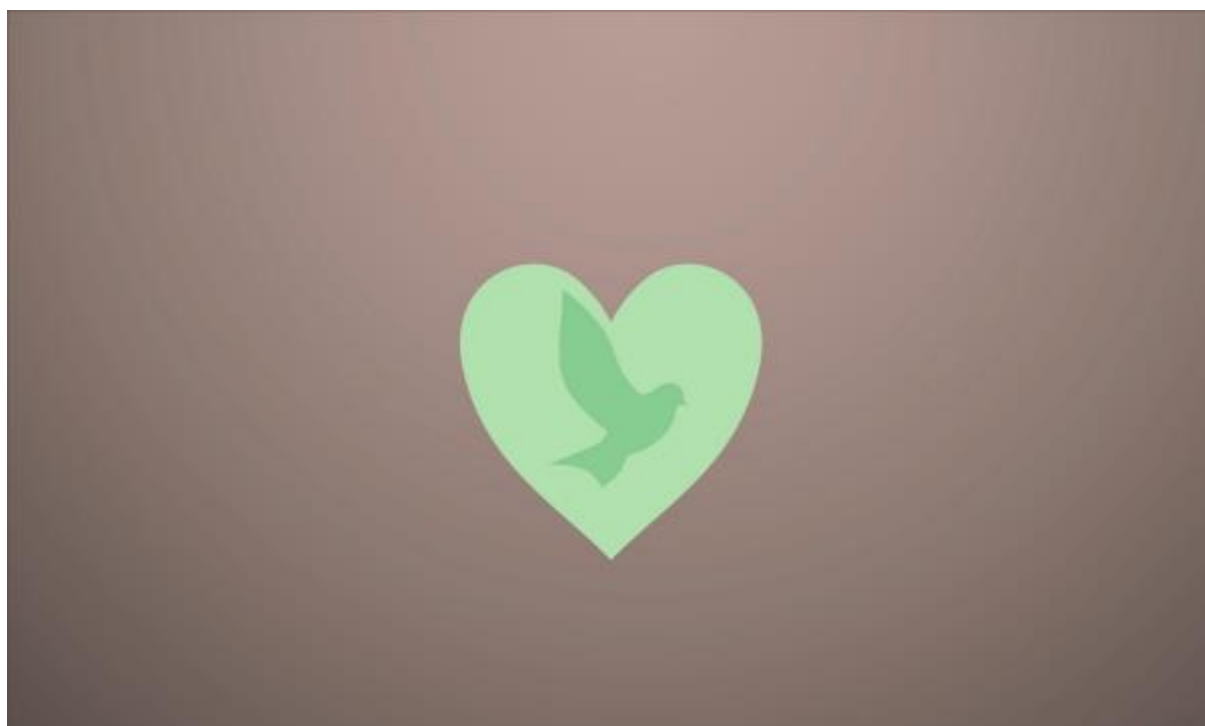
Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit, speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord, always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.

Luke 11:9-13

“So I say to you: Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one

who knocks, the door will be opened. "Which of you fathers, if your son asks for a fish, will give him a snake instead? Or if he asks for an egg, will give him a scorpion? If you then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give the Holy Spirit to those who ask him!"

1. Reading **core texts** twice
2. **Summarizing** core text(s) with own words
3. Finding the **key elements** in the texts
4. Learning **memory verse(s)** by heart



- Being filled with the Holy Spirit is a commandment and a promise.
- We can quench the Spirit through our sins.
- How can we be filled again and again with the Holy Spirit?
 - √ Repent
 - √ Expect by faith
 - √ Ask by faith
 - √ A) Being in the presence of God and B) through worship (singing and making music in the heart) and C) staying thankful and letting oneself be filled

Ephesians 5:18-19

Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit, speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord.

3rd part of the discipleship training lesson

C) Implementation in the training room

1. As **disciple makers** we **tell** about our experiences and **demonstrate** the things learned in a **role-play**.

2. Divide the **discipleship group** into smaller groups of 2 to 3 persons. **Every group** should do a role-play.
3. Retelling and repeating the teaching.
4. **Setting a goal:** what they want to share with someone in the coming week.
5. **Encouragement**, to share the lesson with one's own (spiritual) family.
6. **Praying together with the disciples:** Praying for the needs of the people they want to share their testimony with.
7. Praying that friends of the disciples would be open for Jesus and make a decision for him.
8. **Praying together with the disciples:** for those they want to share the training lesson with.
9. **Prayerfully listen with your disciples: which goals** they want to reach until the next meeting.
10. **Praying together with the disciples:** for every trainee and for their ministry of sending

So far the basic pattern we want to follow:

- During **this training lesson** we as disciple makers want to give testimony about the way we are letting ourselves be filled again and again with the Holy Spirit.

Bill Bright once used the illustration of breath. One can compare being filled with the Holy Spirit with breathing. There is breathing out of used up oxygen and breathing in of fresh oxygen. We should confess and breathe out all sins and everything that has accumulated. Then we should breathe in the fresh wind of the Holy Spirit.

- We want to show the disciples concretely, how we can be filled anew with the Holy Spirit.
- The disciples should share in groups about being filled with the Holy Spirit.
 - Examine whether a disciple needs to be filled with the Holy Spirit anew
 - Examine whether there is sin or shadow in his life and if repentance is necessary.
 - Showing the words of promises in the scripture ("how much more will the Heavenly Father give his Spirit to those who ask him" Luke 11,13)
 - Receive and be filled in worship and thanksgiving
- Then someone from the group retells the teaching in his own words.
- Goal setting: What did they learn and whom do they share it with?
- Encouragement to share one's testimony about being filled with the Holy Spirit with the own (spiritual) family.
- Prayer together with the disciples for those they want to share their testimony with.
- Prayerfully listen with your disciples what the goals of this lesson are for the coming days.
- Prayer for every trainee and for the sending.

4th part of the discipleship training lesson

D) Implementation in the field

1. We go and **show/practice it** – the disciples watch and learn.
2. The **disciples practice** and we watch (and correct if necessary)
3. **The disciples demonstrate it** to their disciples who watch them...
4. It may be necessary to **demonstrate** some parts **several times (10, 20, 50 times)**.

Demonstrating, training, practicing and repeating the following:

- We have already demonstrated being filled with the Holy Spirit.
- We meet the disciples again to demonstrate and repeat the process of daily being filled with the Holy Spirit.
- We repeat this until the disciple lets himself be filled with the Holy Spirit on his own.

Part II: Application

a) Someone from the group summarizes this teaching in his own words. If anything is missing, the others can add to the summary.

b) Group discussion

c) Write down personal insights from the teaching

d) Share with the group who exactly you want to train in this lesson

e) Every group explains what they have learned and presents their goals of application (outreach).

Part III: Outreach

Regular prayer (4 to 6 hours/week), going and preaching (4 to 6 hours/week), discipleship (4 to 6 hours/week).

1. PRAYER:

- A) Prayer walk with a partner or the team ☐
- B) From now on pray 1 hour for your disciples before every discipleship meeting ☐
- 2. GO: to the unreached you have a heart for ☐
- 3. Look for persons of peace ☐
- 4. PREACH: the gospel of the Kingdom of God ☐
- 5. EXPLAINING: the way of salvation ☐
- 6. Evangelistic Bible studies with interested people ☐
- 7. Share your personal testimony with five other people ☐
- 8. Call to repentance and to follow Jesus ☐
- 9. FAITH, REPENTANCE, BAPTISM AND RECEIVING THE HOLY SPIRIT ☐
- 10. Pray for sick people during an outreach ☐
- 11. Raise a dead person if you are led so ☐
- 12. Seek to hear God's voice and the guidance of the Holy Spirit ☐
- 13. Pray for the 200 million persecuted Christians in the world, pray for your "persecutors"
and bless those who are cursing you. ☐
- 14. Continue to teach this fifth lesson to the discipleship group ☐

BEsent is a training - without practice it is almost useless!