

ENGLISH TRAINING FOR MISSION



reach the unreached.

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TRAINING UNIT 21 (44.08 MINUTES)

.....
Make disciples of all ethnic groups II:

Discipleship means keeping the commandments of Jesus.....

What is discipleship?

The 50 “key” commandments of Jesus (the Law of Christ).....

Brief discipleship – six commandments

Brief discipleship – eight commandments

What is the discipleship level that we aim for with this training?

The four discipleship areas of the BEsent training.....

The discipleship topics of the BEsent training

➔ *Part II: Application*

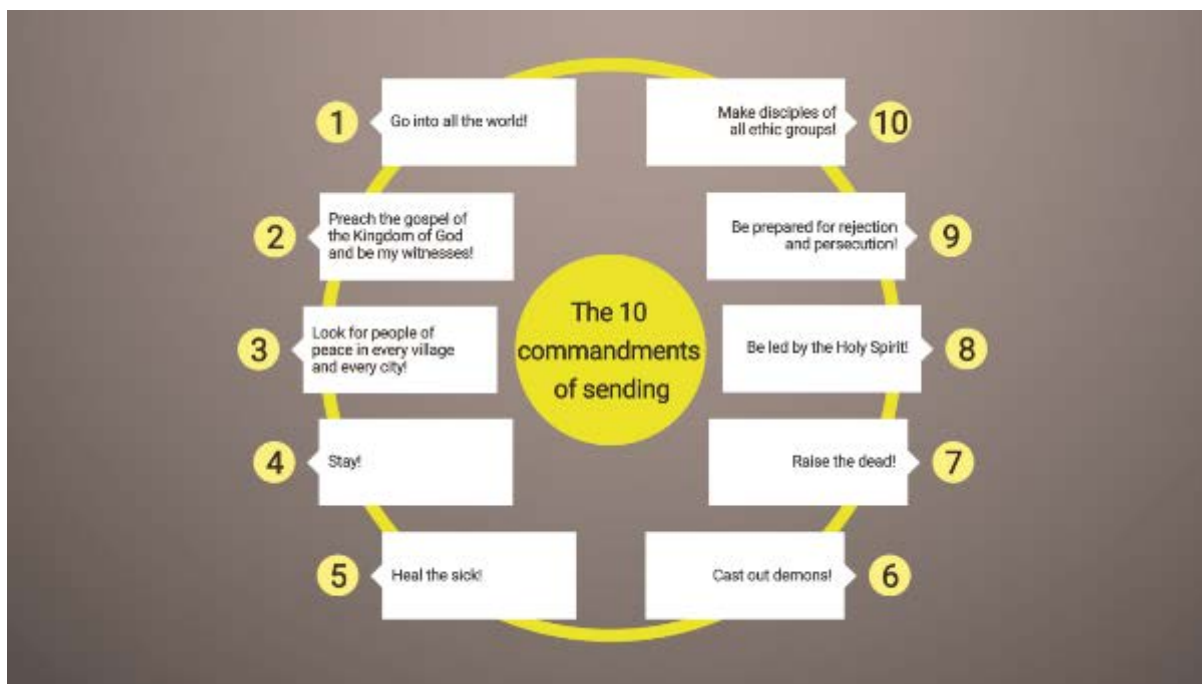
➔ *Part III: Outreach*

Training Unit 21



Make disciples of all ethnic groups II:

Discipleship means keeping the commandments of Jesus



The greatest commandment in the Old Testament is the commandment to love:

Matthew 22:37-40

Jesus replied: "Love the Lord your God with all your heart and with all your soul and with all your mind." This is the first and greatest commandment. And the second is like it: "Love your neighbor as yourself." All the Law and the Prophets hang on these two commandments."

The greatest commandment of Jesus in the New Testament is the commandment to make disciples:

Matthew 28:19-20

Therefore, go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely, I am with you always, to the very end of the age."

Definition of discipleship = **Keeping the commandments of Christ**

1 Corinthians 9:21

To those not having the law I became like one not having the law (though I am not free from God's law but am under Christ's law), so as to win those not having the law.

Galatians 6:2

Carry each other's burdens, and in this way you will fulfill the law of Christ.

What is discipleship?

Definition of discipleship: Teach them to obey everything I have commanded you.

→ Definition of discipleship = **Keeping the commandments of Christ**

1 Corinthians 9:21

*To those not having the law I became like one not having the law (though I am not free from God's law but I **am under Christ's law**), so as to win those not having the law.*

Galatians 6:2

Carry each other's burdens, and in this way, you will fulfill the law of Christ.

<p style="text-align: center;">teach THEM to obey EVERYTHING</p>
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→ There are 684 commandments in the whole New Testament (either in the form of a direct commandment or in the form of an indirect commandment where the context shows that it is a "commandment").

→ **382 "commandments"** of Jesus:

Those are all commandments of Jesus. The indirect, temporary commandments are (commandments that were given for a specific situation) included in this number.

→ 50 out of these 382 commandments are key commandments

→ These include the **10 commandments of sending**.

The 50 "key" commandments of Jesus (the Law of Christ)¹

1. Repent—Matthew 4:17—humility
2. Follow me—Matthew 4:19—meekness
3. Rejoice—Matthew 5:12—joyfulness
4. Let your light shine—Matthew 5:16—generosity
5. Honor God's commandments—Matthew 5:17–18—love
6. Be reconciled—Matthew 5:24–25—responsibility
7. Do not commit adultery —Matthew 5:29–30—self control
8. Keep your word—Matthew 5:37—credibility
9. Go the second mile—Matthew 5:38–42—concern for others
10. Love your enemies—Matthew 5:44—creativity
11. Be perfect—Matthew 5:48—integrity
12. Practice secret disciplines—Matthew 6:1–18—faith
13. Gather treasures—Matthew 6:19–21—thrifty living
14. Seek the Kingdom of God—Matthew 6:33—decisiveness
15. Do not judge—Matthew 7:1—discernment
16. Do not waste pearls—Matthew 7:6—common sense

¹ <http://www.historymakers.info/sermons/50-commands-of-christ.html>

17. Asking, seeking, knocking—Matthew 7:7–8—ingenuity
18. Doing to others—Matthew 7:12—sensitivity
19. Choose the narrow path—Matthew 7:13–14—determination
20. Watch out for false prophets—Matthew 7:15—alertness
21. Pray for workers in the harvest—Matthew 9:38—dedication
22. Be as clever as snakes—Matthew 10:16—wisdom
23. Fear God, not people—Matthew 10:26—audacity
24. Hear God's voice—Matthew 11:15—attentiveness
25. Take your yoke—Matthew 11:29—obedience
26. Honor your parents—Matthew 15:4—honor
27. Beware of the yeast—Matthew 16:6—virtue
28. Deny yourself—Luke 9:23—sacrifice
29. Do not despise the small ones—Matthew 18:10—tolerance
30. Go to those who have fallen into sin—Matthew 18:15—justice
31. Beware of greed—Luke 12:15—contentment
32. Forgive those who have sinned against you—Matthew 18:21–22—forgiveness
33. Honor marriage—Matthew 19:6—loyalty
34. Be a servant—Matthew 20:26–28—servanthood
35. Be a house of prayer—Matthew 21:13—prayer
36. Pray with faith—Matthew 21:21–22—faith
37. Invite the poor—Luke 14:12–14—hospitality
38. Give to the emperor what belongs to the emperor—Matthew 22:19–21—thankfulness
39. Love the Lord—Matthew 22:37–38—enthusiasm
40. Love your neighbor—Matthew 22:39—kindness
41. Expect my return—Matthew 24:42–44—readiness
42. Take, eat and drink—Matthew 26:26–27—thoroughness
43. Be born again—John 3:7—rebirth
44. Keep my commandments—John 14:15—obedience
45. Watch and pray—Matthew 26:41—attentiveness in prayer
46. Tend my sheep—John 21:15–16—care for others
47. Baptize my disciples—Matthew 28:19—reproduce
48. Receive the power of God—Luke 24:49—empowerment
49. Give—Luke 6:38—generosity
50. Make disciples—Matthew 28:20—reproduce

Disciple Multiplication Movements (DMM) have summarized discipleship to **six key commandments**. **These six commandments are planted like a basic DNA into the discipleship movement and cause it to multiply.**

➔ These six commandments create a kind of “brief discipleship”.

Brief discipleship – six commandments

- 1) **Repent and believe** (confessing, leaving, fearing God, following Jesus, being born again, receiving the Holy Spirit, trusting)
- 2) **Be baptized**
- 3) **Love** (God, your neighbor, give to the poor, the widows, the orphans, forgiveness, kindness, grace, offering, encouragement, self-denial, serving, not judging).
- 4) **Pray**
- 5) **Fellowship** (thinking about the death of Jesus during the Lord’s Supper, gathering together, fellowship with other believers)
- 6) **Making disciples** (teaching, proclaiming the gospel, sharing your testimony, evangelizing, healing, casting out evil spirits, finding persons of peace, planting communities of faith)

Some work with eight core commandments of Jesus:

They plant these eight commandments as a basic DNA into the discipleship movement and cause it to multiply.

Brief discipleship – eight commandments

- 1) **Repent and believe**
- 2) **Be baptized**
- 3) Receive the **Holy Spirit**
- 4) **Love** God, your neighbor and your enemies
- 5) **The Lord’s Supper**
- 6) **Prayer and the word of God**
- 7) As **stewards**, give your time, treasures and talents generously
- 8) Go in teams of two and make disciples by being witnesses, teaching God’s word, training new believers and leaders.

Some orient themselves to the following **basic statements found in Hebrews 6:1-3** so as to lay a **foundation for discipleship**:

Hebrews 6:1-3

Therefore, let us move beyond the elementary teachings about Christ and be taken forward to maturity, not laying again the foundation of repentance from acts that lead to death, and of faith in God, instruction about cleansing rites, the laying on of hands, the resurrection of the dead, and eternal judgment. And God permitting, we will do so.

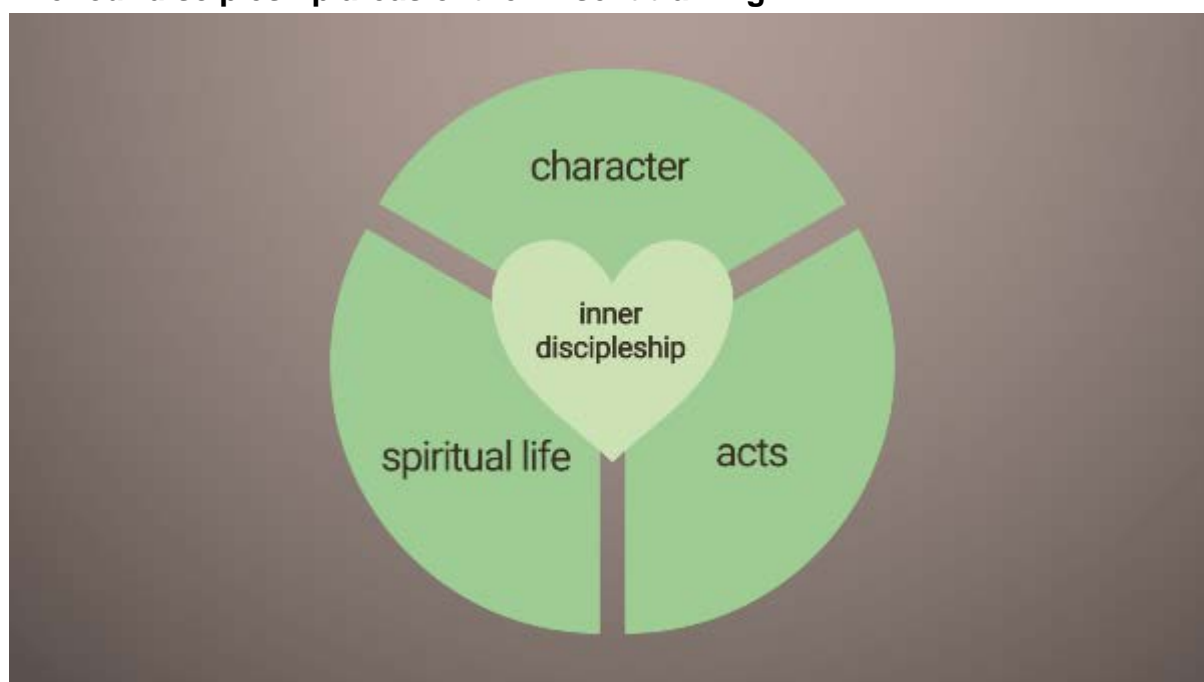
1. **Repenting** of dead works:
Everything that has priority before God is an idol. Repenting of the sins of our past.
2. **Believing** in the living God:
There need to be changes so that we can completely dedicate our hearts to the living God and believe his promises. Confessing and acting based on his promises proves our loyalty to him.
3. **Doctrine of baptism:**
Baptism is not necessary to be saved (unlike repentance and faith for example). However, whenever possible, we should be baptized like Jesus "in order to fulfill all righteousness".
4. **Laying on of hands** "works":
 - A) Blessings (Matthew 19:13)
 - B) Healing (Mark 7:32)
 - C) **Impartation**/transfer anointing (Acts 8:16 +19; 19:6)
 - D) Ordination (Acts 6:6; 1 Timothy 4:14)
 - E) Apostolic commission (Acts 13:3)
 - F) Release of gifts (2 Timothy 1:6)
5. **Resurrection:**
Christians will rise to eternal life, sinners go to eternal damnation (Acts 24:15; John 5:29)
6. **The Last Judgment:**
For we must all appear before the judgment seat of Christ, so that each one may receive what is due for what he has done in the body, whether good or evil (2 Corinthians 5:10).

What is the discipleship level that we aim for with this training?

In our ministry of sending we want to establish a deep and solid discipleship.

→ The discipleship should cover four areas in the life of a disciple:

The four discipleship areas of the BEsent training



Inner discipleship:

In a first step we want to start with inner discipleship with new followers of Jesus. The issues of inner discipleship are the same as the areas that Paul mentions in 2 Corinthians 13:14.

2 Corinthians 13:14

May the grace of the Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with you all.

- 1.1 The grace of the Lord Jesus
- 1.2 The love of the Father
- 1.3 The fellowship of the Holy Spirit

Next to inner discipleship there are three main topics of discipleship:

- 2. The spiritual life of a disciple
- 3. The deeds of a disciple
- 4. The character of a disciple

For the Basic discipleship (= for the first 6-12 month) we take the inner discipleship topic and from each of the three areas (Spiritual life, character and deeds of a disciple) 5 topics:

A) Inner discipleship 2 Corinthians 13:14

- 1. Grace of the Lord Jesus
 - a) Faith (the cost of following Jesus)
 - b) Repentance
 - c) Water baptism
 - d) Receiving the gift of the Holy Spirit
- 2. Love of the Father
- 3. Fellowship of the Holy Spirit

B) Spiritual life of a disciple**1. DBS**

- 2 Timothy 3:16
- Luke 6:46-49

2. Personal prayers

- Matthew 6:5-13

- Asking Luke 18:1-8 / Matthew 7:7-8
- Thanksgiving Ephesians 5:20
- Intersession 1 Timothy 2:1
- Government 1 Timothy 2:2
- Praise-Worship Acts 2:47
- Acts 16:22-34 / Matthew. 4:10

- Speaking in tongues 1 Corinthians. 14:1-18
- Praying and Fasting Mark 2:20

3. Assurance of salvation

- 1 John 5:13
- 1 John 3:13
- Romans 8:16
- Job 19:25

4. A) Living by faith

- Hebrews 11:1+6
- Romans 14:23
- Mark 9:23
- Galatians 2:20

4. B) Be filled with the Holy Spirit

- > Ephesians 5:18-19
- > John 7:37-39
- > Acts 4:29-31
- > Acts 13:50-52

5. Living in fellowship

- > Acts 2:42-47

C) Character areas of a disciple

1. Forgiveness

- > Matthew 18:21-35 / Matthew 6:14-15

2. Overcome the devil

- > Matthew 4:1-11

3. Loving God and your neighbor

- > Matthew 22:37-39

4. Transformational Ministry

- > Ephesians 4:17-32

5. Serving heart

- > Matthew 20:25-28

D) Deeds of a disciple

1. Giving testimony

- > Matthew 10:32-33

-> 1 John 1.1-3

-> Acts 1:4+8

-> Acts 26:1-29

2. Going and preaching

-> Luke 10:1-4

-> Matthew 10:7

-> Luke 9:2

-> Mark 16:15-20

-> Luke 24:47

-> 2 Timothy 4:1-5

We preach the 12 Steps from Creation to salvation

1. The most high God

1Chronicles 16:25-28

2. Creation

Genesis 1:1 and 1:26-27

3. God and man together

Genesis 2:16-17

4. Sin and separation

Genesis 3:1-8 and Isaiah 59:2

5. 10 commandments

Exodus 20:1-17

6. The sacrifices

Hebrew 9:22

7. God sent Jesus

John 3:16

8. Jesus is the son of God

Acts 10:36-38

9. Jesus THE sacrifice

John 1:29 and Acts 2:22-23

10. Resurrection

Luke 24:46-47

11. Jesus sent the Holy Spirit

John 16:7-9

12. What is Conversion

Acts 16:31 and Acts 2:38

3. Ministry of the Holy Spirit

a) Heal the sick

-> Matthew 10:8

-> Luke 9:1-2

-> Mark 16:18

b) Cast out demons

-> Matthew 10:8

-> Luke 9:1

-> Markus 6:7

c) raise the dead

-> Matthew 10:8

d) Be led by the spirit

-> John 16:13

4. Giving and sharing

-> Luke 6:38

-> Luke 14:12-14

-> Acts 2:44-45

-> Acts 20:32-35

5. Making disciples

-> Matthew 28:18-20

Summary - The discipleship topics of the BEsent training

A) Inner discipleship

1. Grace of the Lord Jesus

e) Faith (the cost of following Jesus)

f) Repentance

g) Water baptism

h) Receiving the gift of the Holy Spirit

2. Love of the Father

3. Fellowship of the Holy Spirit

B) Spiritual life of a disciple

1. DBS

2. Personal prayers

3. Assurance of salvation

4. Be filled with the Holy Spirit

5. Living in fellowship

C) Character areas of a disciple

1. Forgiveness

3. Loving God and your neighbor

4. Transformational Ministry

5. Serving heart

D) Deeds of a disciple

1. Giving testimony

2. Going and preaching

3. Ministry of the Holy Spirit

4. Giving and sharing

5. Making disciples

What is the order of the topic if we train our disciples?

If we have no special guidance of the Holy Spirit we can follow this order. It is balanced and has a good inner line:

1. Grace Love & Fellowship
2. DBS
3. Personal prayers
4. Giving testimony
5. Going and preaching
6. Forgiveness
7. Transformational Ministry
8. Assurance of salvation
9. Living in Fellowship
10. Be filled with the HS
11. Ministry of the Holy Spirit
12. Making disciples
13. Loving God neighbor & enemy
14. Giving and sharing
15. Living by faith
16. Serving heart

➔ **TRAINING** new Christians in these basic areas of discipleship **requires at least six months to one year.**

- ⇒ For us as disciple makers, training means to show, demonstrate and practice these topics with our disciples until they can practice these discipleship areas alone.
- ⇒ This list with the 18 topics was of course not directly copied from the Bible and therefore is not absolute. However, it covers the most important areas of basic discipleship.
- ⇒ There is no exact order for the discipleship areas in which we train our disciples. It depends on the disciple's situation and on what the Holy Spirit is currently working on within the process of transformation into the likeness of Christ.
- ⇒ Of course, these 18 mentioned areas are not a full discipleship training but rather a basic one.
- ⇒ When growing as disciples, we go through the levels as described by the apostle in 1 and 2 John (children, young men, fathers).
- ⇒ After the basic discipleship (points A-D), the training should continue until we become mature fathers and mothers in Christ.

Hebrews 5:12-14

In fact, though by this time you ought to be teachers, you need someone to teach you the elementary truths of God's word all over again. You need milk, not solid food! Anyone who

lives on milk, being still an infant, is not acquainted with the teaching about righteousness. But solid food is for the mature, who by constant use have trained themselves to distinguish good from evil.

Hebrews 6:1-3 and 12

Therefore, let us move beyond the elementary teachings about Christ and be taken forward to maturity, not laying again the foundation of repentance from acts that lead to death, and of faith in God, instruction about cleansing rites, the laying on of hands, the resurrection of the dead, and eternal judgment. And God permitting, we will do so.

We do not want you to become lazy, but to imitate those who through faith and patience inherit what has been promised.

Part II: Application

- a) Someone from the group summarizes this teaching in his own words. If anything is missing, the others can add to the summary.

- b) Group discussion

- c) Write down personal insights from the teaching.

- d) Memorize the 18 discipleship areas that form the basic discipleship and present them to each other.

- e) Share in the group which discipleship areas you have already trained in your previous ministry and which ones you have not trained yet.

- f) Every group explains what they have learned and presents their goals of application (outreach).

Part III: Outreach

Regular prayer walks (4 to 6 hours/week) and going and preaching (6 to 9 hours/week).
Practicing...

1. PRAYER: prayer walks with the team and a partner ☐
2. GO: to the unreached you have a heart for ☐
3. Look for persons of peace ☐
4. PREACH: The Gospel of the Kingdom of God ☐
5. EXPLAINING: the way of salvation ☐
6. Evangelistic Bible studies with interested people ☐
7. Share your personal testimony with others ☐
8. Call to repentance and to follow Jesus ☐
9. FAITH, REPENTANCE, BAPTISM AND RECEIVING THE HOLY SPIRIT ☐
10. Pray for sick people during an outreach ☐
11. Raise a dead person if you are led so ☐
12. Seek to hear God's voice and the guidance of the Holy Spirit
 - Go on 5 treasure hunts ☐
13. Pray for the 200 million persecuted Christians in the world, pray for your
"persecutors" and bless those who are cursing you. ☐
14. Pray intensely that the Lord would show you which persons you can call into
discipleship. Naturally, it is best when you can disciple the same person of peace
you found and baptized (in water and in the Spirit). ☐
15. Call this person into discipleship. ☐

BEsent is a training - without practice it is almost useless!