

ENGLISH TRAINING FOR MISSION



reach the unreached.

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TRAINING UNIT 26 (20.21 MINUTES)

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3. Discipleship training lesson: personal spiritual life

B) Personal prayer.....

Jesus taught his disciples how they should pray.....

➔ Part II: Application

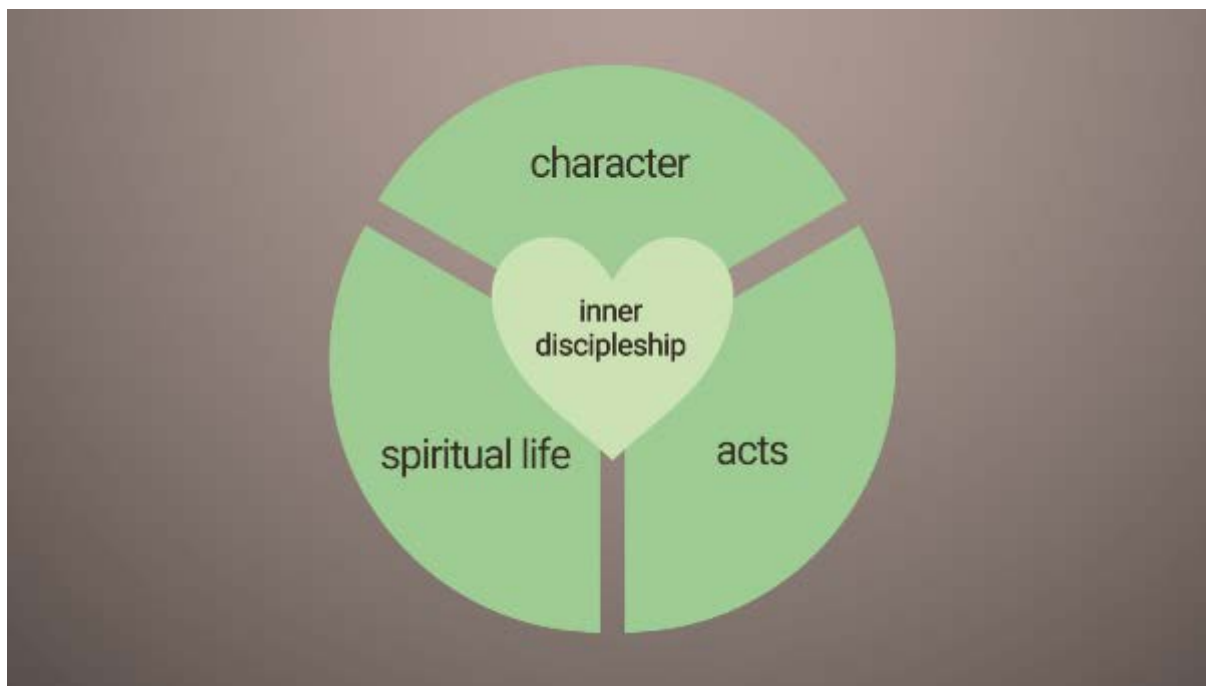
➔ Part III: Outreach

Training Unit 26



3. Discipleship training lesson: personal spiritual life

B) Personal prayer



For every discipleship training lesson, we first need to clarify the following question: Does this lesson require a one-on-one discipleship or can this be done with the whole discipleship group together?

Answer: This third discipleship lesson can be taught in a group according to the following scorecard pattern:

The first part of the discipleship training lesson is personal care according to the pattern of the discipleship scorecard

- 1) Questions about personal condition
 - How are you?
 - What did you learn from God this week?
 - How is your relationship with God?
 - How does your prayer life look like?
 - What are your needs?
- 2) Praise and worship
- 3) Accountability questions on following Jesus and the fishing of men
 - How are you obeying the word of God?
 - How did you put the last training lesson(s) into practice?

→ Do you know the **grace of the Lord Jesus Christ** and the **love of the Father** and the **fellowship of the Holy Spirit**?

→ Do you regularly do a Discovery Bible Study and what has the Lord spoken to you through the word?

- What is **God doing** in your life right now?
- Are you a **witness for Jesus**?
- With whom did you share **what you learned**?
- Are **they training** others?
- Is there something **I can help you with**?
- How **many new groups** were started?
- Retell the **contents of the last lesson**!

2nd part of the discipleship training lesson

B) Training/teaching from the open Bible according to the following 4-steps-pattern:

1. Reading **core texts** twice
2. **Summarizing** core text(s) with own words
3. Finding the **key elements** in the texts
4. Learning **memory verse(s)** by heart

This is the basic pattern we want to follow:

After the disciples have a living relationship

- ➔ with **Jesus and his grace** and
- ➔ with the Father and his love and
- ➔ with the Holy Spirit
- ➔ and after the disciples can feed themselves from the word of God,

we want to introduce the disciples to one of the greatest gifts in the Kingdom of God.

Jesus taught his disciples how they should pray

Matthew 6:5-13

“And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by others. Truly I tell you, they have received their reward in full. But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you. And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. Do not be like them, for your Father knows what you need before you ask him. “This, then, is how you should pray: “Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one. For yours is the kingdom and the power and the glory forever. Amen.

1. Reading **core texts** twice
2. **Summarizing** core text(s) with own words
3. Finding the **key elements** in the texts
4. **Memory verse(s)**: It would be good to learn all of the Lord's Prayer by heart.

The Lord's Prayer already contains some forms of prayer:

- The address «Our Father» is the introduction to a conversation with the Father
- «Hallowed be your name, yours is the kingdom and the power and the glory forever» is praise and worship.
- «Your will be done, on earth as it is in heaven» prayers that conform to the will of God will be answered.
- «Give us today our daily bread» is a prayer of supplication
- «Forgive us our debts» is a prayer of repentance

Besides the Lord's Prayer we show the disciples other forms of prayer.

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|-------------------------------|---------------|----------------------------|
| • Supplication | Memory verse: | Luke 18:1-8; Matthew 7:7-8 |
| • Thanksgiving | Memory verse: | Ephesians 5:20 |
| • Intercession | Memory verse: | 1 Timothy 2:1 |
| • Prayer for authorities | Memory verse: | 1 Timothy 2:2 |
| • Praise – Worship | Memory verse: | Acts 2:47 |
| • Psalms | Memory verse: | Acts 16:22-34/Matthew 4:10 |
| • Praying in tongues | Memory verse: | 1 Corinthians 14:1-18 |
| • Praying and fasting | Memory verse: | Mark 2:20 |
| • For the harvest and workers | Memory verse: | Luke 10:2 |

Jesus completed the Father's will 100%, therefore we can pray to the Father in the name of Jesus.

John 16:23

In that day you will no longer ask me anything. Very truly I tell you, my Father will give you whatever you ask in my name.

There are many more ways to pray. This is a selection for a good foundation for the spiritual life of a disciple.

3rd part of the discipleship training lesson

C) Implementation in the training room

1. As **disciple makers** we **tell** about our experiences and **demonstrate** the things learned in a **role-play**.
2. Divide the **discipleship group** into smaller groups of 2 to 3 persons. **Every group** should do a role-play.
3. Retelling and repeating the teaching.
4. **Setting a goal**: what they want to share with someone in the coming week.
5. **Encouragement**, to share the lesson with one's own (spiritual) family.
6. **Prayer together with the disciples**: Praying for the needs of the people they want to share their testimony with.
7. Praying that friends of the disciples would be open for Jesus and make a decision for him.
8. **Praying together with the disciples**: for those they want to share the training lesson with.
9. **Prayerfully listen with your disciples**: **which goals** they want to reach until the next meeting.
10. **Praying together with the disciples**: for every trainee and for their ministry of sending

So far, the basic pattern we want to follow:

- During **this training lesson** we as disciple makers want to tell of our own practice, how our prayer life looks like and what we experience.
- Then we want to pray with the disciples concretely and in different ways.
- The disciples themselves should pray in groups.
- Then someone from the group should summarize the teaching in his own words.
- Goal setting: who will they share it with?
- Encouragement to share the prayer with one's own (spiritual) family.
- Prayer together with the disciples for those they want to share their testimony with.
- Prayerfully listen with your disciples what the goals of this lesson are for the coming days.
- Prayer for every trainee and for their sending.

4th part of the discipleship training lesson

D) Implementation in the field

1. We go and show/practice it – the disciples watch and learn.
2. The **disciples practice** and we watch (and correct if necessary)
3. **The disciples demonstrate it** to their disciples who watch them...
4. It may be necessary to **demonstrate** some parts **several times (10, 20, 50 times)**.

The demonstrating, modeling, training, practicing and repeating **does not happen outside** in the streets and places in this situation, **but at the disciple's home or at the discipleship-meeting place.**

Matthew 18:19-20

"Again, truly I tell you that if two of you on earth agree about anything they ask for, it will be done for them by my Father in heaven. For where two or three gather in my name, there am I with them."

It is important to **practice** prayer **often until the disciple can practice it on his own** and is able to teach others to DO it.

After going through the discipleship lessons in theory and practice with our disciples, our disciples should **pray at home by themselves**. They should learn more of the secrets of prayer. For this, we can regularly share prayer requests with our disciples.

Part II: Application

a) Someone from the group summarizes this teaching in his own words. If anything is missing, the others can add to the summary.

b) Group discussion

c) Write down personal insights from the teaching

d) Share with the group who exactly you want to train in this lesson

e) Every group explains what they have learned and presents their goals of application.

Part III: Outreach

Regular prayer (4 to 6 hours/week), going and preaching (4 to 6 hours/week), discipleship (4 to 6 hours/week).

1. PRAYER:

A) Prayer walk with a partner or the team ☐

B) From now on pray 1 hour for your disciples before every discipleship meeting ☐

2. GO: to the unreached you have a heart for ☐

3. Look for persons of peace ☐

4. PREACH: the gospel of the Kingdom of God ☐

5. EXPLAINING: the way of salvation ☐

6. Evangelistic Bible studies with interested people ☐

7. Share your personal testimony with others ☐

8. Call to repentance and to follow Jesus ☐

9. FAITH, REPENTANCE, BAPTISM AND RECEIVING THE HOLY SPIRIT ☐

10. Pray for sick people during an outreach ☐

11. Raise a dead person if you are led so ☐

12. Seek to hear God's voice and the guidance of the Holy Spirit ☐

13. Pray for the 200 million persecuted Christians in the world, pray for your “persecutors”
and bless those who are cursing you. ☐
14. Continue to teach this third lesson to the discipleship group ☐

BEsent is a training - without practice it is almost useless!